

HE 8210 : Exploratory Teen Living 8

Virginia Beach City Public Schools ensures equal access to all CTE courses. Accessibility accommodations will be provided as needed.

This semester course helps students discover and develop personal interests, abilities, and choices related to their future education, careers, and lives. The skills students learn include the following: improving communication and social skills; acquiring a basic knowledge of nutrition; safety and management in the food laboratory; using clothing management skills; and exploring career options.


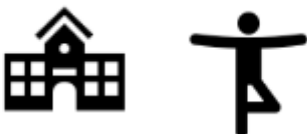


Subject Area

Family and Consumer Science

Level

Middle School

Storyboard

	Learning Who I Am	Choosing Health and Wellness	Adulting 101	Exploring My Style
Unit				
Focus	The last year of middle school is about understanding who we are in a social context. There are expectations for us at home, school, and play. Each of these requires the ability for us to successfully navigate context-specific challenges. Each time we are successful, our worldview grows, and we develop empathy for others and grow our leadership skills.	As we mature, we accept more responsibility for our wellness. This includes making decisions about what it means to live a healthy lifestyle, including physical and emotional health.	When we think of being an adult, we usually think of a career and finances. In Adulting 101, we will explore these interrelated topics. As we research careers of interest and evaluate their income potential, we will familiarize ourselves with how to manage money.	Part of envisioning who we want to be includes embracing a personal style. As 8 th graders, we can learn to be money-wise when choosing clothing, even finding unique ways to make the "old" new again.
Transfer Goals	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Foster student involvement in professional organizations, which strengthens collaboration and community. 	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Empower students to be successful citizens, workers, and leaders in a global economy. 	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Empower students to be successful citizens, workers, and leaders in a global economy. 	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Empower students to be successful citizens, workers, and leaders in a global economy.
Unit Learning Targets	<ul style="list-style-type: none"> Distinguish the different expectations for school and home Create an artifact that shows how to navigate a challenge specific to an 8th grader 	<ul style="list-style-type: none"> Analyze and evaluate your eating habits and physical activity 	<ul style="list-style-type: none"> Research career clusters and explore related occupations. 	<ul style="list-style-type: none"> Apply savvy shopping practices to choosing clothing. Create an upcycled artifact

- Demonstrate etiquette
- Compare and contrast different financial institutions and what they offer to consumers.