

HE 8207 : Exploratory Teen Living 7

Virginia Beach City Public Schools ensures equal access to all CTE courses. Accessibility accommodations will be provided as needed.

This nine-week course emphasizes fundamental career and job skills for lifelong use. The skills students learn include the following: preparing to be a competent babysitter; identifying emergency procedures; identifying the developmental tasks of children; describing supervision and care of infants, toddlers, preschoolers, and school-age children; relating dietary guidelines to personal eating habits; practicing safe use and care of small and large appliances; using rules for table setting service; practicing table manners; calculating measurements and preparing nutritious meals; and constructing a clothing project.




Subject Area

Family and Consumer Science

Level

Middle School

Storyboard

	You and Others	You and Food	You, the Consumer
Unit			
Focus	<p>Middle school is the time when most of us recognize that we exist in a larger community. As such, we must learn to adapt to a variety of situations that require collaboration in pursuit of a common goal. One of the most academically and emotionally powerful ways to teach this is through service to others. When we use time, effort, and purpose in the name of serving others, our community becomes stronger.</p>	<p>Effort and time are also key components in creating a healthy lifestyle. This unit will help us learn how to use basic kitchen tools and equipment to make a nutritionally balanced meal. A healthy lifestyle is a habit that can begin now.</p>	<p>Healthy habits include more than our social, emotional, and physical health. Fiscal accountability is also important. As consumers, we are exposed to campaigns that influence what we buy and how we dress. Learning how to evaluate similar goods and services will help us become a savvy consumer.</p>
Transfer Goals	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Foster student involvement in professional organizations, which strengthens collaboration and community. 	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Empower students to be successful citizens, workers, and leaders in a global economy. Identify household kitchen tools and equipment Create a nutritionally balanced meal 	<ul style="list-style-type: none"> Bridge the academic, employability and technical skills to prepare students for emerging occupations Empower students to be successful citizens, workers, and leaders in a global economy. Construct a simple sewing repair or project Evaluate similar goods/services through the lens of a savvy consumer
Unit Learning Targets	<ul style="list-style-type: none"> Collaborate to determine the best way to navigate conflict Design a service-learning project 		